



Contact: Carolyn Hawkins
AANR
800/879-6833

Marie Kephart
YPB&R Public Relations
407/875-1111
marie_kephart@ypbr.com

AMERICANS CELEBRATE INDEPENDENCE IN NEW WAY

KISSIMMEE, FL – (May 16, 2006) – This July, Americans will celebrate 75 years of independence—from the constraints of clothing that is. More than 50,000 members of the American Association for Nude Recreation (AANR) will don their birthday suits to honor nude recreation and they are encouraging the public to join in the festivities.

In celebration of Nude Recreation Week, July 10-16, 2006, AANR invites the public to experience the stress-relieving freedom of nude recreation. Why not take a skinny dip in your backyard pool? Don't have a pool? Then wash the family pet in the nude, scour the shower in the nude, vacuum the house nude, read a book, or enjoy some other activity in an appropriate setting in the nude.

Nude Recreation Week gives first-timers the chance to shed their stress by giving clothes-free recreation a try. This annual celebration is open for individuals - and families - to visit one of the 267 clothing-optional clubs affiliated with the American Association for Nude Recreation (AANR), and experience firsthand one of the fastest growing trends in both travel and recreation. This year's nude recreation week holds special significance as AANR is also celebrating 75 years as the credible voice of nude recreation.

Many AANR-affiliated clubs have activities and events planned throughout the week – and many offer open houses, while other activities include everything from themed dance parties, sport tournaments, to chili cook-offs, “bare buns fun run,” health screenings, fine arts shows and more. For the club nearest you, and to find out more about its Nude Recreation Week schedule of events, log onto the association's Web site at www.aanr.com, or call 1-800-TRY-NUDE.

Parties interested in visiting should call the resort in advance to schedule their reservation. Media interested in setting up interviews or a visit to a club should contact YPB&R Public Relations, or the AANR office at the numbers listed above.



AANR's mission is to advocate for nudity in appropriate settings as well as educate, and inform the public about its value through ongoing membership growth. It is the oldest and largest organization of its kind, representing nearly 50,000 members and their families, who enjoy clothes-free recreation throughout North America. For further information on nude recreation and the association's affiliated clubs, contact AANR at **1-800-TRY-NUDE** or visit the association's Web site at www.aanr.com.

###