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QUESTIONS AND ANSWERS ABOUT NUDE RECREATION

Why do people choose clothing-optional recreation?

Relaxation, stress relief, freedom, fun, great people, positive body image and increasing self esteem - there are many reasons for choosing clothing-optional and clothes-free recreation. At 260 AANR affiliated clubs, resorts and RV campgrounds you will meet a wide variety of people, diverse in age, interests and profession.

Is nude recreation becoming more accepted?

The Roper Organization reported that 40 million Americans have skinny-dipped in mixed company. For people who want to recapture the freedom and innocence of that experience, AANR clubs offer a variety of opportunities to be clothes-free, ranging from upscale, full service resorts to relaxing, down-to-earth, casual environments. AANR members can also take advantage of specially arranged trips.

What is AANR and how will it benefit me?

The American Association for Nude Recreation, the credible voice of reason for nude recreation in appropriate settings, was organized to grow an understanding of the nude recreational lifestyle - as both a healthy and acceptable practice. As a member of AANR, the clothes-free lifestyle can be enjoyed by singles, couples and families, as well as by individuals from all geographic, social, ethnic and economic spheres. Membership in AANR is a passport to fun, and can be had for less than the cost of a bathing suit. Members also enjoy discounts at AANR member clubs so that membership pays for itself in just a couple of visits.

How will we feel on the first visit to a club?

At AANR clubs you will find friendly people of all ages enjoying nude recreation in a healthy atmosphere and secure environment. You are accepted for who you are inside, not how you look on the outside. People who enjoy nude recreation develop a healthy body image which builds self esteem. You may participate in social activities, or just relax around the pool until you feel comfortable

What are the characteristics of an AANR club?

The atmosphere of an AANR club is wholesome and friendly. People enjoy everyday recreation activities such as swimming, walking, hiking, cycling, tennis and volleyball.

Clubs are staffed by people who arrange sports activities and events much like any resort. Staff members are extremely careful about who enters the facility. If anyone appears to be there for the wrong reason, the staff will ask them to leave and affiliate clubs will be alerted to their *persona non grata* status.

Can I find out about a club on the Internet?

We invite you to visit our Web site, <http://www.aanr.com>, for a complete list of clubs in your area and tips for your first visit. Most clubs have their Web site linked to AANR. Since clubs offer a wide variety of amenities, from campgrounds to full service resorts, we always recommend that you call ahead, ask questions about the facility, and make an appointment for your first visit.

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