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AANR CLUBS OFFER WIDE VARIETY OF SPORTS & RECREATIONAL OPTIONS FOR EVERYONE

KISSIMMEE, Fla.—If there's one thing virtually all nudists — men and [women](#) — have in common, aside from being nudists, it's a love of the great outdoors. Those who enjoy nude recreation at any of the 260 clubs affiliated with the American Association for Nude Recreation (AANR), have many options to choose from when it comes to outdoor activities—from serious exercise for those who want to look more buff, in the buff, to leisurely old-fashioned games such as horseshoes, at the end of a busy day.

While swimming and tennis seem to be among the sports most often associated with nude recreation, many clubs offer a variety of [leisure activities](#) to accommodate the interest of nudists young and old, active or passive. Swimming pools and lakes are commonplace, but visit a club in your area, and one is bound to find sports such as volleyball, golf, badminton, bocce ball, shuffleboard and hiking/nature trails. Others also offer fishing, boating, full-scale exercise rooms, basketball courts, croquet, table tennis and spas. Cycling and camping are also among the most popular activities enjoyed by nudists.

One of the favorite pastimes of many nudists is gardening. In fact, there are many AANR members who are classified as “Master Gardeners,” including Pat Brown, former president of AANR. Stroll through the campgrounds, RVs or single family homes at virtually any nudist club, and you're sure to find some spectacular examples of nudists who not only have good tans, but green thumbs as well!

Aside from the aforementioned sports and leisure activities, there are also many programs geared toward activities and programs for children, teenagers and [young adults](#).

To learn more about nude recreation and Nakations (clothes-free vacation opportunities), call **1-800-TRY-NUDE** (879-6833); or visit www.aanr.com. Membership in AANR is your passport to fun, and can be had for less than the cost of a bathing suit.

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