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NUDIST BEACH ETIQUETTE EVERY SUN-WORSHIPER CAN FOLLOW

Kissimmee, Fla. – Move over “Miss Manners,” the question everyone really wants to ask regarding beach etiquette is: What’s it like to go to a nude beach?”

Basic beach-going guidelines from the American Association of Nude Recreation (AANR) may answer questions of wandering beachcombers, and keep the sand and surf safe and fun for all.

The American Association for Nude Recreation (AANR) — with nearly 270 affiliated clubs across the U.S., Canada and beyond that provide clothes-free and clothing-optional recreation – has always advocated an appreciation and respect for the outdoors. In keeping with their clothes-free philosophy, they have developed a series of guidelines designed to help new members understand the social rules that govern nude beaches. No matter what type of setting one may frequent, however, everyone can learn from AANR’s simple rules of beach etiquette.

Rule #1: — *Respect wildlife and environmentally fragile areas.* Beaches are often in areas safeguarding endangered species of fowl, fish and fauna. Therefore, avoid endangering the habitat with fire, pollution, or even potentially dangerous foodstuffs.

Rule #2: — *Keep the beach clean.* Not only does AANR suggest that beachgoers clean up after themselves, but they advocate that sunbathers “take more trash out than you brought in.”

Rule #3: — For those visiting the nude section of a local beach, *dress before leaving designated clothing-optional use areas.*

Rule #4: — *Respect yourself and others.* Demonstrate respect for others by following appropriate rules of conduct.

Rule #5: — *Be polite to everyone.*

Rule #6: — Especially when on a nude beach, *always get permission before taking scenic photographs.*

Rule #7: — *Use headsets or keep radio volumes turned low.* Most beachgoers visit the beach to rest and relax.

Rule #8: — Whenever possible, *walk along the shoreline.* Not only is it more refreshing, but you avoid kicking sand up at the people you pass.

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International Naturist Federation
Local Chambers of Commerce

Rule #9: — *Always carry a towel with you when you leave your spot on the beach.* Whether to sit on or wrap around yourself when you walk to public areas such as picnic benches, food stands, restrooms, etc., you will be more comfortable, as will those around you.

Rule #10: — *Observe local beach rules and safety regulations.* When you arrive at a local beach, look for posted signs indicating beach rules and regulations – including hours, rules for swimming, designated areas for biking and roller-blading, parking, etc.

“When it is practiced in appropriate areas, such as clothing-optional beaches, nude recreation is a natural way to enjoy a relaxing experience for individuals, couples and families,” says Pat Brown, AANR President.

The American Association for Nude Recreation is the oldest and largest organization of its kind representing nearly 50,000 individuals, couples and families who enjoy clothes-free and clothing-optional recreation throughout North America. For further information on nude recreation and the association’s affiliated clubs, contact AANR at **1-800-TRY-NUDE** or visit the association’s web site at www.aanr.com.

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