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Questions and Answers About Nude Recreation

Why do people choose clothes-free recreation?

There are many reasons for choosing clothing-optional and clothes-free recreation—relaxation, stress relief, freedom, fun, great people, positive body image and increasing self esteem. At nearly 270 AANR affiliated clubs, resorts, and RV campgrounds you will meet a wide variety of people diverse in age, interests and profession.

Is nude recreation becoming more accepted?

The Roper Organization reported that 40 million Americans have skinny-dipped in mixed company. For people who want to recapture the freedom and innocence of that experience, AANR clubs offer a variety of opportunities to be clothes free, ranging from upscale, full service resorts to relaxing, down-to-earth, casual environments. AANR members can also take advantage of specially arranged trips, including nude cruises and nude flights.

What is AANR and how will it benefit me?

Membership in AANR is a passport to fun and can be had for less than the cost of a bathing suit. The American Association for Nude Recreation was organized to grow an understanding of nude recreation as both a healthy and acceptable practice. As a member of AANR, the clothes-free lifestyle can be enjoyed by singles, couples, and families, as well as by individuals from all geographic, social, ethnic, and economic spheres. Members also enjoy discounts at AANR member clubs so that membership pays for itself in just a couple of visits.

How will we feel on the first visit to a club?

At AANR clubs you will find friendly people of all ages enjoying nude recreation in a healthy atmosphere and secure environment. You are accepted for who you are inside, not how you look on the outside. People who enjoy nude recreation develop a healthy body image which builds self esteem. You may participate in social activities, or just relax around the pool until you feel comfortable.

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Member of:
American Recreation Coalition
National Recreation and Parks Association
National Association of RV Parks and Campgrounds
International Naturist Federation
Local Chambers of Commerce

What are the characteristics of an AANR club?

The atmosphere of an AANR club is wholesome and friendly. People enjoy recreation activities such as swimming, walking, hiking, cycling, tennis and volleyball.

Clubs are staffed by people who arrange sports activities and events much like any resort. Staff members are extremely careful about who enters the facility. If anyone appears to be there for the wrong reason, the staff will ask them to leave, and affiliate clubs will be alerted to their *persona non grata* status. Cameras are not allowed.

Can I find out about a club on the Internet?

We invite you to visit our web site www.aanr.com, for a complete list of clubs in your area and tips for your first visit. Many clubs have their own web site linked to AANR. Since clubs offer a wide variety of amenities, from campgrounds to full service resorts, we always recommend that you call ahead, ask questions about the facility, and make an appointment for your first visit.

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