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## **Questions and Answers About Nude Recreation**

### **Why do people choose clothing-optional recreation?**

Relaxation, stress relief, freedom, fun, great people, positive body image and increasing self esteem--there are many reasons for choosing clothing-optional and clothes-free recreation and Nakation®. At 180 AANR affiliated clubs, resorts and RV campgrounds throughout the Western Hemisphere, you will meet a wide variety of people, diverse in age, interests and profession.

### **What is AANR's purpose?**

To advocate nudity and nude recreation in appropriate settings while educating and informing society of their value and enjoyment. For over 85 years AANR has served to protect the freedoms, rights and choices to participate in wholesome, family-style nude recreation, and encourages visitation to affiliated clubs to experience the relaxation clothes-free recreation affords. AANR is a leading organization providing expertise on issues relevant to nude recreation and Nakationing™ in appropriate settings, serving more than 52 million individuals who enjoy skinny-dipping and clothing-optional recreation throughout North America.

### **What does AANR membership provide?**

As a member of AANR, clothes-free recreation can be enjoyed by singles, couples and families, as well as by individuals from all geographic, social, ethnic and economic spheres. Members also enjoy discounts at AANR member clubs so that membership pays for itself in just a couple of visits. Membership in AANR is a passport to fun, and can be had for less than the cost of a bathing suit. Membership dues also assist in AANR shattering obstacles to nude recreation.

### **How will we feel on the first visit to a club?**

At AANR clubs you will find friendly people of all ages enjoying nude recreation in a healthy atmosphere and secure environment. You are accepted for who you are inside, not how you look on the outside. People who enjoy nude recreation develop a healthy body image which builds self esteem. You may participate in social activities, or just relax around the pool until you feel comfortable.

### **What are the characteristics of an AANR club?**

The atmosphere of an AANR club is wholesome and friendly. People enjoy everyday recreation activities such as swimming, walking, hiking, cycling, tennis and volleyball.

Clubs are staffed by people who arrange sports activities and events much like any resort. Staff members are extremely careful about who enters the facility. If anyone's behavior is not appropriate for public settings, the staff will ask them to leave.

### **Can I find out about a club on the Internet?**

We invite you to visit our Web site, [www.aanr.com](http://www.aanr.com), for a complete list of clubs in your area and tips for your first visit. Many clubs have their own Web site linked to AANR. Since clubs offer a wide variety of amenities, from campgrounds to full service resorts, we always recommend that you call ahead, ask questions about the facility, and make an appointment for your first visit. To learn all the facts about nude recreation and clothes-free vacation opportunities, visit [www.aanr.com](http://www.aanr.com) or call **1-800-TRY-NUDE** (879-6833). *Feel the Freedom* that AANR ensures you can enjoy!

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